#### **Workshop**

## Main points from the workshops

#### Communication needs to be:

- Face-to-face
- Word of mouth
- Through community champions
- Speaking to your neighbours
- 'Easy to Read' and accessible
- In a variety of different ways e.g. Operation Bang

## The importance of Neighbourhood networks:

- Knowing people makes you feel safe
- People need people
- Community hubs need to be accessible, inclusive and a meeting point for the community
- Partnership working is vital- no working in silo

## Volunteering/helping in the community

- It is about helping not volunteering
- Young people do not always have the confidence to volunteer
- Turn those helped into helping
- Communities need to be aware of volunteering/helping opportunities

# **Barriers/Concerns**

- Transport
- Lack of information about ongoing activities and their accessibility
- Lack of easy to read and accessible information/communication
- Affordable activities

## What can be done about the main points and by whom?

### What can I do?

- Understand our neighbours better
- Promote ongoing activities
- Participate in volunteering/helping

## What can I do with people in the community?

- Transport: car/taxi sharing
- Encourage people out of their home

- Intergenerational learning and skill sharing
- Plan events for the WHOLE community
- Work in collaboration
- Design a community website
- Start up community activities (tea dancing)

What does my community need help with and from whom?

- Businesses
  - Supporting people to shop local
  - o Be a meeting point
- Council
  - More regular transport
  - Better street lighting
  - o Improved traffic systems
  - o Accessible and easy to read information
- Third Sector
  - o A directory of volunteering/helping opportunities
  - Rewards/recognition for volunteering or helping.