

# Make the Difference Cwm Taf

## - matching people's skills with local groups

### What do local groups do?

Community and voluntary groups and charities in Rhondda Cynon Taf and Merthyr Tydfil (collectively known as Cwm Taf) are the lifeblood of local communities. There are over 1000 local groups carrying out incredible work in Cwm Taf. Every day they support a whole range of good causes including befriending older people to reduce loneliness, helping struggling families to support their children and keeping open community facilities such as museums and libraries.

### Why do they need help now?

With austerity leading to valued public services being withdrawn or cut back, a growing older population, changes to welfare and increasing poverty, more and more people need the support of local groups. At the same time, there is less funding available to support what they do and increased regulation.

### How can you help?

Currently, many groups struggle to carry out their work as they do not have enough support to help them to effectively run their group. Make the Difference project aims to increase the capacity and resilience of community and voluntary groups in Cwm Taf so that they can meet the challenges they face. Make the Difference project will recruit and match suitable trustees with local groups in Cwm Taf where they are most needed.



# How does it work?

1

You tell us you are interested in helping out a local group and get in touch with the project. You meet up with someone who finds out about you, your skills and interests and how much time you have to give.



We look at what groups would match with your skills and interests. We give you a choice of what groups you might be interested in helping.



2

3

We arrange for you to meet one or more groups. If both you and the group agree that there is a good match, we arrange an induction.



4

We work with you and the group to provide the support you need. Volunteers are supported through a probationary period with the group and are encouraged to join networks.



## What do I do now?

Contact Interlink on 01443 846200 and ask for the Volunteering Team or email:

Christine Davies at [cdavies@interlinkrct.org.uk](mailto:cdavies@interlinkrct.org.uk) or

Thomas Crockett at [tcrockett@interlinkrct.org.uk](mailto:tcrockett@interlinkrct.org.uk)

or Voluntary Action Merthyr Tydfil on 01685 353900

Frances Barry at [frances.barry@vamt.net](mailto:frances.barry@vamt.net)

Go on - we are waiting to take your call!

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